



WAPAKONETA

City Schools Elementary School Menu 2014—2015

School Nutrition Staff

Lori McKean, Supervisor
419.739.2910

Dorinda Schmerge, Secretary
419.739.2909

Carla Shappell, Manager @ WES
419.739.5058

Kathy Tippie @ Cridersville
419.345.3008

Daily Choices:
PB&J @ Cridersville—SunButter Sand-
wich @ WES—Salad Lunch & Nacho's &
Cheese at Both Elementary Schools

School Nutrition

Meal Prices

Breakfast \$1.20
Reduced Breakfast –Free
Lunch \$2.55
Reduced Lunch \$.40

Pay for Meals @
myLunchMoney.com

Each day Wapakoneta students enjoy a healthy lunch that meets guidelines set by the National School Lunch Program. We serve lunches that follow a meal pattern designed to reflect the Dietary Guidelines for Americans. Each meal has protein (meat), fruit and vegetables, grains (bread) and low fat white or fat free chocolate milk.

If your family meets the eligibility requirements, your child may receive free or reduced price meals. An adult household member needs to complete one application per household, which is available at your child's school or by calling the Food Service Office at 419.739.2909.

Applications are taken throughout the year.

Lunch Menu #1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancakes W/Syrup Egg & Ch Omelet Hash Brown Broccoli Choice of Juice Choice of Milk	Weiner Wink Or Hot Dog on Bun Baked Beans Celery & Dip Strawberries Choice of Milk	Walking Taco Or Soft Taco Corn Lettuce & Cheese Cup Caramelized Apples Choice of Milk	Popcorn Chicken Mashed Potatoes Green Beans Banana Wheat Roll Choice of Milk	Stuffed Crust Pizza Vegetable Choice Baby Carrots & Dip Mixed Fruit Choice of Milk

Lunch Menu #2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Nuggets Hash Brown Bake Green Beans Mixed Fruit Wheat Pretzel Choice of Milk	Grilled Pizza Or Pizza Sub Corn On the Cob Tossed Salad Orange Wedges Choice of Milk	Cheeseburger on Bun Potato Smiles Baked Beans Mixed Fruit Choice of Milk	Mini Corn Dogs Mac & Cheese Green Beans Strawberries Choice of Milk	Pepperoni Pizza Vegetable Choice Baby Carrots & Dip Sidekicks Fruit Slushie Choice of Milk

Lunch Menu #3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato Soup Toasted Cheese Green Beans Mixed Fruit Goldfish Crackers Choice of Milk	Chicken Patty on Bun Broccoli & Cheese Celery & Dip Strawberries Choice of Milk	Turkey & Noodles Mashed Potatoes Carrots Mixed Fruit Bread & Butter Choice of Milk	Cheeseburger on Bun French Fries Baked Beans Grapes Choice of Milk	Fiestada Vegetable Choice Tossed Salad Chilled Fruit Cookie Choice of Milk

Lunch Menu #4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TEEPPEE Packable (Turkey/Cheese) Carrots/Celery & Dip Juice + Fruit Snack Crackers Choice of Milk	Meatball Bowl W/Cheese Green Beans Tossed Salad Orange Wedges Choice of Milk	French Toast Sticks Sausage Links Hash Brown Broccoli Juice Choice Choice of Milk	Chicken Nuggets Corn Baked Beans Banana Wheat Pretzel Choice of Milk	Cheese Pizza Vegetable Choice Peas & Carrots Chilled Fruit Pudding Choice of Milk

This institution is an equal opportunity provider and employer.

Weekly Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
Cereal Teddy Grahams Juice & Fruit Choice of Milk	Egg & Cheese on a Roll Juice & Fruit Choice of Milk	Cereal Cheese Stick Juice & Fruit Choice of Milk	Pop Tart Yogurt Cup Juice & Fruit Choice of Milk	Waffle OR Pancakes Egg Patty Juice or Fruit Choice of Milk

Follow the calendar and color key to our four week lunch cycle.

Menu subject to change.

